

Dr. Joe Terhaar, Ph.D.

July 2009

CAREER HIGHLIGHTS:

Practicing licensed mental health counselor, marriage and family therapist, and certified chemical dependency counselor for over 20 years with experience in drug prevention, intervention, and treatment; Full Member of the Association of Intervention Specialists and a nationally Board Registered Interventionist (the only one in the Inland Northwest) using many strategies in helping families; awarded a rare dissertation research grant to study family intervention by the National Institutes of Health, National Institute on Drug Abuse (NIDA) in 2001; educator and trainer of addiction professionals since 1983; state-approved marriage and family licensure supervisor since 2008; approved NAADAC Education Provider since 2006; author of patent-protected and research-grounded concepts, skills, and objectives for the articulation of family intervention; Graduate Fellowship Award, Eastern Washington University in 1979; *Who's Who Among Students In American Colleges and Universities*, 1976-77; author of training curricula for school teachers, social workers, and drug counselors currently in use across the U.S. from Seattle to Georgia; author and manager of over \$250,000 in grants and contracts.

POST-SECONDARY EDUCATION:

2005: Doctor of Philosophy in Leadership Studies, Gonzaga University
1982: Additional graduate study in Clinical Psychology, Eastern Washington University
1981: Master of Science in Counseling Psychology, Eastern Washington University
1978: Certificate in Alcohol Studies, Eastern Washington University
1977: Bachelor of Arts in Education, Minor in Psychology, Central Washington University

COUNSELING EXPERIENCE (In Spokane, Washington, unless otherwise noted):

2002 - present: *Director, Owner, and Counselor; ISLLC Family-Centered Addiction Recovery ProgramSM*; providing care for the whole family recovering from the damage of addiction and mental illness—before, during, and after primary treatment.

1988 - 1996: *Drug, Family, and Intervention Counselor*; part-time private practice

1986 - 1988: *Drug and Family Counselor, Center for Drug Treatment*; specialized in work with families affected by chemical dependency using a family systems approach; established programs for adult children of addicted families; counseled a diversity of clients including those exposed to and infected with HIV

1982 - 1985: *Clinical Director, Counselor and Alcohol/Drug Information School Instructor & Coordinator, Community Alcohol Center*; developed many of the aftercare groups providing innovative and responsive treatment programs for drug users and their families including groups for children; conducted interventions; responsible for supervising eight clinical staff; coordinated the largest alcohol/drug information school in Eastern Washington

1981: *Alcoholism Counselor, Pioneer Cooperative of Seattle at Geiger Pre-Release Corrections Facility*; provided pre-release evaluations, treatment, and referral for incarcerated inmates as part of a statewide network of correctional alcohol/drug counselors

1979 - 1980: *Practicum Counselor, University Counseling Center, Eastern Washington University*

1977 - 1981: *Psychiatric Therapist, Sacred Heart Medical Center Psychiatric Unit*; working with all psychiatric diagnoses and a variety of treatment innovations

PROFESSIONAL CERTIFICATIONS

National:

2006 to present: National Association of Addiction and Drug Abuse Counselors (NAADAC) Approved Education Provider; no: 549

2006 to present: Board Registered Interventionist I: Association of Intervention Specialists Credentialing Board (no. 26017). (The only one in the Inland Northwest.)

2006 to present: Full-member: Association of Intervention Specialists:

State of Washington:

2009 to present: Approved Washington State marriage and family therapist licensure supervisor

1988 to present: Certificated and then licensed under law in 2001:
Marriage and Family Therapist (no. 020705-LF00001053)
Mental Health Counselor (no. 020703-LH00005453)

1983 to present:

Certified Chemical Dependency Counselor III, through the NAADAC affiliated Chemical Dependency Counselor Certification Board, Washington State (no. CB 20000262)

1977 to 2005: *Standard Teacher Certificate*; endorsements in K-12 Special Education, K-8 Elementary Education, 4-12 Psychology

AWARDS:

2003: Nominated for a *Chase Youth Commission Award*, Spokane

1979: *Graduate Fellowship Award, Applied Psychology Department, Eastern Washington University*

1976 - 77: *Who's Who Among Students In American Colleges and Universities*, Education, Central Washington University

RESEARCH:

2001: Awarded: National Institute on Drug Abuse Dissertation Research Grant-National Institutes of Health. Title: *The Use and Perceived Efficacy of Family-Initiated Drug Intervention Strategies in Washington, Oregon, and Idaho*

1984: *Variability Among Assessment Counselors In Identifying Significant Alcohol Problems Within A Single Agency*; unpublished

1980: *Disparity Between Identifiable Alcohol Problems And Post-Discharge Referral To Treatment Services In Acute Care Psychiatric Inpatients*; unpublished

WRITING CREDITS:

2005: Doctoral Dissertation: *The Use and Perceived Efficacy of Family-Initiated Drug Intervention Strategies in Washington, Oregon, and Idaho*, Gonzaga University

2005: Coauthor With Michael Smith J.D. of *Provisional and Final Patent Applications: Systems And Methods For Research-Grounded Concepts And Objectives Articulating A Counselor-Facilitated Process With A Recipient's Social Network To Present Thoughts And Feelings For Motivating The Person To Seek Alcohol Or Other Drug Treatment*. This application, Serial Number 11/241,448 filed September 29, 2005, claims the benefit of U.S. Application 60/595,811; filed August 8, 2005 under 35 U.S.C. 119(e)

2003: Author: *Research-Grounded Concepts and Theoretical Support Articulating the Johnson Institute-Style Family Intervention*, unpublished

1993: Coauthor with Patsy Etter, M.S.: *Taking The Next Step: Drug-Free Schools Prevention Training For Rural and Remote Schools*; these five credit graduate/undergraduate courses educated rural and remote school district personnel in establishing and maintaining prevention programs; funded by Drug-Free Schools, U.S. Department of Education

1993 -1994: Freelance reviewer; Alcohol/drug education text manuscripts pre-publication for Allyn and Bacon: Simon and Schuster Education Group

1993: Co-author with Ben Camp, M.S.: *MICA Case Management: A Curriculum Model*; college curriculum model developed for the Washington Mental Health Division and the Division of Alcohol and Substance Abuse (DSHS); adopted by two states providing programmatic curriculum structure for educating personnel in effective case management of co-occurring mental and chemical use disorders

1991: Principal author with Keetje Ramo, Ph.D.: *Working With Addiction*; staff-training curriculum developed for the Washington State Department of Social and Health Services for use statewide; effective in raising field staff competence identifying and intervening with alcohol/drug problems with social service clientele; revised and updated in 1993; used to train nearly 1,000 field staff since 1991; parts of this curriculum are still in use across the United States

COLLEGE TEACHING EXPERIENCE:

Spokane Falls Community College

2004 - 2008: *Adjunct instructor*, Chemical Dependency Program

Eastern Washington University, Cheney, Washington:

2000 to present: *Adjunct instructor*; Alcohol/Drug Studies Program

Teaching strengths in pharmacology, ethics, prevention (first instructor in Washington to incorporate SAPST content into college curriculum)

1990 - 1996: *Director and Faculty Associate of Alcohol/Drug Studies*; teaching strengths in alcohol/drug survey, pharmacology, ethics and law, and prevention at the undergraduate and graduate levels; expanded the program enrollment by 75% on an 18% budget increase; managed campus and off-campus programs in five cities in Eastern Washington; participated in securing one third of a million dollars in grants and contracts while adding novel programs including an academic minor in community prevention in 1993

1984 - 1990: *Adjunct and Faculty Field Instructor*; Alcohol/ Drug Studies Program

NOTABLE TRAININGS CONDUCTED (In Spokane, Washington, unless otherwise noted):**Addictions and Prevention:**

2009: *A Research Basis for Delineating Substance Abuse from Addiction for College Chemical Dependency Instructors*. Presented to Eastern Washington University faculty of the Alcohol/Drug Studies Program; NAADAC approved

2009: *Research Supported Strategies of Family Intervention for Addiction*. Presented to Washington State Psychological Association at their Winter meeting, approved for continuing education credit for state licensed psychologists

2008: *What's New With Family Intervention: Research Enlightened Approaches for Helping Someone Enter Treatment*; May 2 and 9 in Kennewick and Spokane, Washington. Approved by Washington Mental Health Counselors Assoc. and Washington Marriage and Family Therapists Assoc. and NAADAC

2005, 2007-08: Trainer for *Case Management for Adults and Older Adults with Co-occurring Mental and Substance Disorders*, conducted by the Washington Institute for Mental Illness Research & Training, Western State Hospital and Spokane

2007, March: *Intervention: A Life-Saving Bridge Between The Neurological Impact of Drug Use/Eating Disorders And Treatment*. Presented to the staff at The Center, Edmonds, Washington

2006, February: *Intervention Specialist Practice Parameters: Providing Intervention Services to Families with Literature- and Research-Grounded Articulations*

2002, August: *Theory and Logic in Prevention Program Evaluation*; to the Prevention Roundtable, Spokane County Community Services

1991 - 1996: Designer and facilitator of the annual *Ethics Forum in Chemical Dependency Practice*, Eastern Washington University

1990: *Skills and Procedures for Intervening with Impaired Employees*; for Arby's Restaurants supervisors; in association with Mountain View Hospital

1989: *Assisting Students Affected by Someone Else's Drug and Alcohol Use*; for the Kootenai County Community Drug Intervention Council, Idaho

1985: *Applying Current Research in Identifying Alcoholism* at the Community Health Nurses Association State Conference on Alcoholism, Spokane

1985: *Mapping the COA Roles of Members in an Addicted Family* at the U.S. Journal of Drug and Alcohol Dependence-Regional Conference, Seattle;

1984 - 1986: *Various trainings on pharmacology and ACoA* for Washington State Bureau of Alcohol and Substance Abuse and the Alcohol Professional Staff Society of Washington

1984 - 1987: *Various trainings (conducted more than 30) for community groups and schools on drugs/alcohol and psychiatric issues*: Spokane School District # 81; Greater Spokane Substance Abuse Council; and Big Brothers and Sisters; et al.

SPECIALIZED CERTIFICATES:

Addictions and Prevention:

2002: *Substance Abuse Prevention Specialist Training Certificate*; issued by WESTCAPT, University of Nevada-Reno

1992: *Certified HIV/AIDS Trainer*; Washington State Division of Alcohol and Substance Abuse

1990: *Prevention Specialist Certificate*; National Training Systems and the Washington State Division of Alcohol and Substance Abuse

1983, 1985: *Alcohol/Drug Information School Instructor*; Washington State Division of Alcohol and Substance Abuse

SIGNIFICANT COMMITTEE WORK:

Prevention:

2002 - 2003: *Washington State Prevention Specialist Certification Board*; founding member

2001: *College Academic Minor in Prevention Focus Group*: Hosted by WESTCAPT, University of Nevada-Reno; reviewed content and configuration of a modal academic minor

1994 - 1996: Member of the *Washington Prevention Professionals*; founding chair

1993 - 1995: *Educational Service District #101 Alcohol/Drug Prevention Program Advisory Committee*; member

1994: Consultant to the *Spokane County Health District, Subcommittee on Sales and Consumption of Alcohol at Public Facilities*

Counseling:

1990 - 1996: Member of the *Northwest Consortium of Chemical Dependency Educators*; Secretary 1992-1993; initiated a novel process for the development and ratification of model curricula for advanced courses

GRANTS AND CONTRACTS:

Research Grants:

2001: Awarded a \$25,000 National Institute on Drug Abuse Dissertation Research Grant, National Institute of Health; title: *The Use and Perceived Efficacy of Family-Initiated Intervention in Washington, Oregon, and Idaho*

Large Grants:

1994: Principal Investigator for Washington State Department of Social and Health Services contract (\$68,000); trained 300 field service staff across the state in identifying and intervening with alcohol/drug misusing clients; using the *Working With Addiction* curriculum written in 1991 under a previous contract with DSHS

1992 -1995: Principal Investigator for U.S. Department of Education—Drug-Free Schools Counselor Training grant of \$77,949

1991: Assistant Director for \$178,000 grant from Washington State Department of Social and Health Services. *Working With Addiction* curriculum developed, field-tested, and used to train nearly 560 field workers in identifying and intervening with drug/alcohol affected clients

Small Grants:

1994: Principal Investigator and Director; *Seed Funding Grant for Prevention Workgroup from the Washington State Division of Alcohol and Substance Abuse* (\$5,000)

1993 - 94: *Director of the Minority Tuition Waiver Grant for Chemical Dependency Education*; Washington State Division of Alcohol and Substance Abuse (\$5,000)

1993: Recruited by the Washington Division of Mental Health and the Division of Alcohol and Substance (\$10,000) to write curriculum model for Mentally Ill Chemically Abusing case management curriculum model

EXPERIENCE WITH YOUTH AND PREVENTION

1997- present: *Swim Coach for Spokane Park and Recreation Department, Therapeutic Recreation*; coaching competitive swim opportunities for athletes with developmental disabilities, chosen as Coach of the Month by Special Olympics-Washington for January, 2007 and Coach of the Year (East Region) in 2007; chosen as assistant team coach for Special Olympics World Games Aquatics Team to Shanghai, China, October, 2007

1996 - 2003: *Classroom teacher for Spokane School District #81*, full and part-time working with various prevention curricula

1980 -1981: *Practicum Counselor*, Children's School Day Treatment Program with the Community Mental Health. An intervention program for children with emotional/mental health needs provided within the school setting